## From the Chief Medical Officer Professor Sir Michael McBride



HSS(MD) 14/2024

**FOR ACTION** 

Chief Executives, Public Health Agency/HSC Trusts/NIAS Deputy Secretary SPPG GP Medical Advisers, SPPG All General Practitioners and GP Locums (for onward

distribution to practice staff) and Community Pharmacies

OOHs Medical Managers (for onward distribution to staff)

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Our Ref: HSS(MD) 14/2024

Date: 17 May 2024

# PLEASE SEE ATTACHED FULL CIRCULATION LIST

Dear Colleague

### MHRA Drug Safety Update -

- 1. Finasteride: reminder of the risk of psychiatric side effects and of sexual side effects (which may persist after discontinuation of treatment)
- 2. Montelukast: reminder of the risk of neuropsychiatric reactions

The Medicines and Healthcare products Regulatory Agency (MHRA) have issued the below Drug Safety Updates.

Healthcare Professionals are asked to note and action the advice for healthcare professionals, advice for healthcare professionals to provide to patients, parents and carers, and recommendations contained within the Drug Safety Updates.

Please find links to the complete MHRA Drug Safety Updates included below:

- Finasteride: reminder of the risk of psychiatric side effects and of sexual side effects (which may persist after discontinuation of treatment)
   Introduction of patient cards for men taking finasteride and raising awareness of the risk of psychiatric side effects and sexual dysfunction.
- 2. <u>Montelukast: reminder of the risk of neuropsychiatric reactions</u>

  Reminder to healthcare professionals to be alert of the risk of neuropsychiatric reactions in patients when prescribing montelukast and advice for patients to seek medical advice immediately if neuropsychiatric reactions occur.

### Report suspected reactions on a Yellow Card

Please continue to report suspected adverse drug reactions to the <u>Yellow Card</u> <u>scheme</u>. The report will help the MHRA safeguard public health. Healthcare professionals, patients, and caregivers are asked to submit reports using the Yellow Scheme electronically using:

- the Yellow Card website
- the Yellow Card app; download from the <u>Apple App Store</u> or <u>Google Play</u> Store
- some clinical IT systems for healthcare professionals

When reporting, please provide as much information as possible, including information about medical history, product brand name, batch numbers, any concomitant medication, onset timing, treatment dates and particularly if a side effect continued or started after treatment was stopped.

Yours sincerely

Professor Sir Michael McBride Chief Medical Officer

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Professor Cathy Harrison
Chief Pharmaceutical Officer

#### **Circulation List**

Director of Public Health/Medical Director, Public Health Agency (for onward distribution to all relevant health protection staff)

Assistant Director Public Health (Health Protection), Public Health Agency Director of Nursing, Public Health Agency

Assistant Director of Pharmacy and Medicines Management, SPPG (for onward distribution to Community Pharmacies)

**Directors of Pharmacy HSC Trusts** 

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Joe Brogan, Assistant Director, Head of Pharmacy and Medicines Management, Strategic Planning and Performance Group (SPPG) (for onward distribution to SPPG Pharmacy and Medicines Management Team and community pharmacists)

Regional Medicines Information Service, Belfast HSC Trust

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Raymond Curran, Head of Ophthalmic Services, SPPG (for distribution to Community Optometrists)

Trade Union Side Clinical Advisory Team

Louise McMahon, Director of Integrated Care, SPPG

This letter is available on the Department of Health website at

 $\frac{https://www.health-ni.gov.uk/topics/professional-medical-and-environmental-health-advice/hssmd-letters-and-urgent-communications}$